



General Outline of Prenatal Visits

Week 6-8

First visit with your provider: History, physical exam and lab tests.

Week 12-28

See your provider every 4 weeks, routine weight, urine check, blood pressure, measure uterus, listen to fetal heartbeat.

Week 28-36

See provider every 2 weeks.

Week 36-40

See provider every week, start pelvic exams as needed.

- Initial chromosomal screening tests typically offered are; Cell-Free Fetal DNA testing for woman in higher risk categories and the Sequential Screening for those who are not.
- At week **20-22** an ultrasound will be done in our office. The purpose of this exam is to evaluate fetal anatomy. The most accurate time for this survey is at 20 weeks. You will be at that optimal time after _____.
- Between weeks **26-28** a routine blood sugar test will be done to screen for diabetes.
- At week **28** if you are Rh negative you will also receive a Rhogam injection to protect your baby from Rh sensitization.
- At week **36** the doctor will collect a vaginal culture to screen for Group B Strep.